# VIET NAM HIV - ADDICTION TECHNOLOGY TRANSFER CENTER — UNIVERSITY OF MEDICINE AND PHARMACY AT HO CHI MINH CITY (VH-ATTC – UMP)

#### Established in 2014

Being one of 3 ATTCs in Vietnam

A member of worldwide ATTC Network

Introduce, transfer and accelerate the adoption and implementation of evidence-based addiction treatment and recovery-oriented practices and services; accordingly, contribute to the improvement

of services quality, facilitate the limitation of

substance abuse and the HIV epidemic.

## MISSION

Heighten the awareness, knowledge, and skills of the workforce that addresses the needs of people with substance abuse or other behavioral health disorders.

Act as a bridge to foster alliances among practitioners, researchers, policy makers, funders, and the recovery community.

**OUR KEY PARTNERS** 

CENTERS FOR DISEAS CONTROL AND PREVENT

#### **OUR ACITIVITES**



Our direct beneficiaries

In - service staff who work directly with SUD and HIV patients

50%

Pre – service staff (Students, Researchers, Lecturers)

31%

Policy makers

19%

Formats: On-site and Online

HAIVN SCDI Cùng Phát Triển

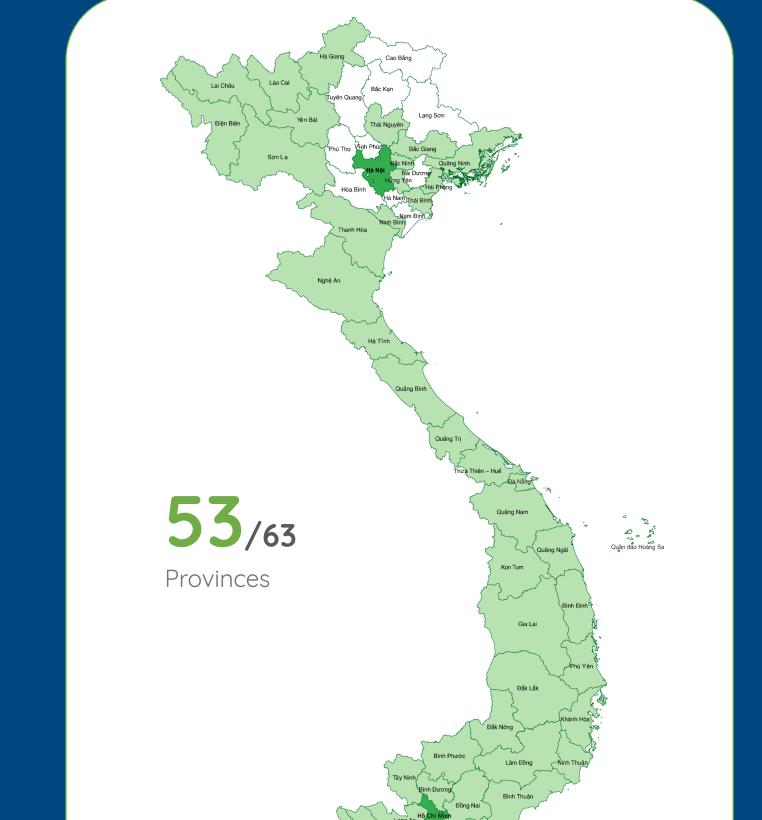
**SAMHSA** 

We collaborate with national and international agencies/organizations under the utmost goal: TO JOIN HANDS TO BUILD A RECOVERY COMMUNITY

### Our Achievements 2014 - 2020

# Highlights





Coverage by provinces

### Distance Training Program 68 Sessions with 5 Main Topics



### Participants/Patients' feedbacks

"I know how to respond when encountering an overdose case to help myself, my partners, as well as my clients" -Online training course participant

"My life is getting much better. I gained 8 kg for 2 months. I've improved my memory a lot" - A patient after 16 weeks receiving Methintervention

"I gained a lot of experiences from senior persons, from my colleagues that don't have in any documents"— Methadone maintenance treatment course participant

useful knowledge, latest guidance on-hands discussions. As a result, I can update knowledge fast and make effective application on my daily jobs." Methadone maintenance treatment course participant

"Lecturers equipped me with

"I will apply motivational interviewing techniques learnt from this course for my young students, my patients and myself; Using their self-

potential to support for their changes" **Doctor – Lecturer - Motivational interviewing course** participant

## Studies and Evidence - Based Intervention conducted

### HIV AND METHADONE MAINTENANCE TREATMENT PROGRAM

### **Year 2017**

- Reasons for client drop-out in MMT clinics in Ho Chi Minh City, Vietnam (n=1069)
- Survey on online training needs of MMT clinics in the South of Vietnam (n=95)
- Assessing the symptoms of Internet gaming disorder among college/university students: An international validation study self-report (n=453)

### **Year 2018**

- Survey on impacts of Community-Based Organizations (CBOs) on preventing HIV transmission and improving the well-being of people living with HIV in Ho Chi Minh City (n=259)
- Screening and evaluating the results of intervention for patients using stimulant drugs in MMT clinics in Ho Chi Minh City
- Prevalence of substance use and HIV infection among MMT patients in HCM City (n=967) Year 2019 - 2020
- Intervention model: "Facilitating peer support groups" for Faith Based Organizations (n=140)

MEN WHO HAVE SEX WITH MEN (MSM) AND TRANSGENDER WOMEN (TGW) POPULATIONS

#### **Year 2018** • HIV prevalence among Transgender Women in Ho Chi Minh City (n=456)

- Year 2019
- Prevalence of substance use and HIV among MSM and TGW in HCM Metro (4 provinces) (n=986)
- **Year 2020**
- Effectiveness of interventions on reducing HIV transmission among MSM and TGW with CHEMSEX behaviors in Ho Chi Minh City:
- a randomized controlled trial (n=600)

## Policy Advocacy

- Support, provide technical consultancy for the Ministry of Health and other local agencies.
- VHATTC UMP collaborated with 2 other VH-ATTCs and other organizations to conduct workshops and provide recommendations to the Vietnam National Assembly on substance use intervention especially stimulant drugs.
- Organize and co-organize Trainings and Policy dialogues: "HIV Prevention, Treatment, Care and Support for people who use Stimulant drugs".
- Develop and make suggestions for MOH on Guideline to reduce Methamphetamine use and some other guidance documents.

### LESSONS LEARNT

- Multidisciplinary coordination: Ministry of Health, Department of Labor, Invalids and Social Affairs,... in implementing the activities.
- Pay attention to practical needs from participants.
- Combining training and technical assistance in one session optimizes the outcomes.

\* Data collected from November 2014 to June 2020